

# **HYSA 6U Rules**

## **The Field:**

### **Markings:**

- A center circle with a five (5) yard radius.
- Goal area shall be two (2) yards in depth.

### **Goals:**

- Recommended: four (4) feet high and six (6) feet wide.
- Goals must be securely anchored to the ground.

## **Duration of Play and Ball Size:**

- Match will consist of four 8 min quarters with one minute break between quarters and a 5 min halftime break. Ball will be a size 3.

## **Number of Players:**

- Maximum number of players on the field is four (4).
- A team must have one (1) player to start or continue a match.
- All rostered players must enter the game in each half to ensure quality playing time.

## **OFFSIDE:**

- There will be no offside.

## **Heading:**

- There is NO intentional heading at this age group. (NCYSA 2016 Mandate). Infractions will result in an indirect freekick for the opposing team.

## **Goal Kicks:**

- During goal kicks the opposing team must be behind the center field line.

## **Punting:**

- No punting is allowed.

## **Substitution Guidelines:**

**Substitutions may be made, with the approval of the referee, at the following times:**

- Prior to a throw-in, by the team in possession. If the team in possession elects to substitute, then the opposing team may also substitute.
- Prior to a goal kick, by either team.
- After an injury, by either team.
- At half-time.
- Before the kick-off.
- In any case, a substitute may not enter the middle of the field of play until he/she has been given a signal to do so by the referee and the player being replaced has come off the field.